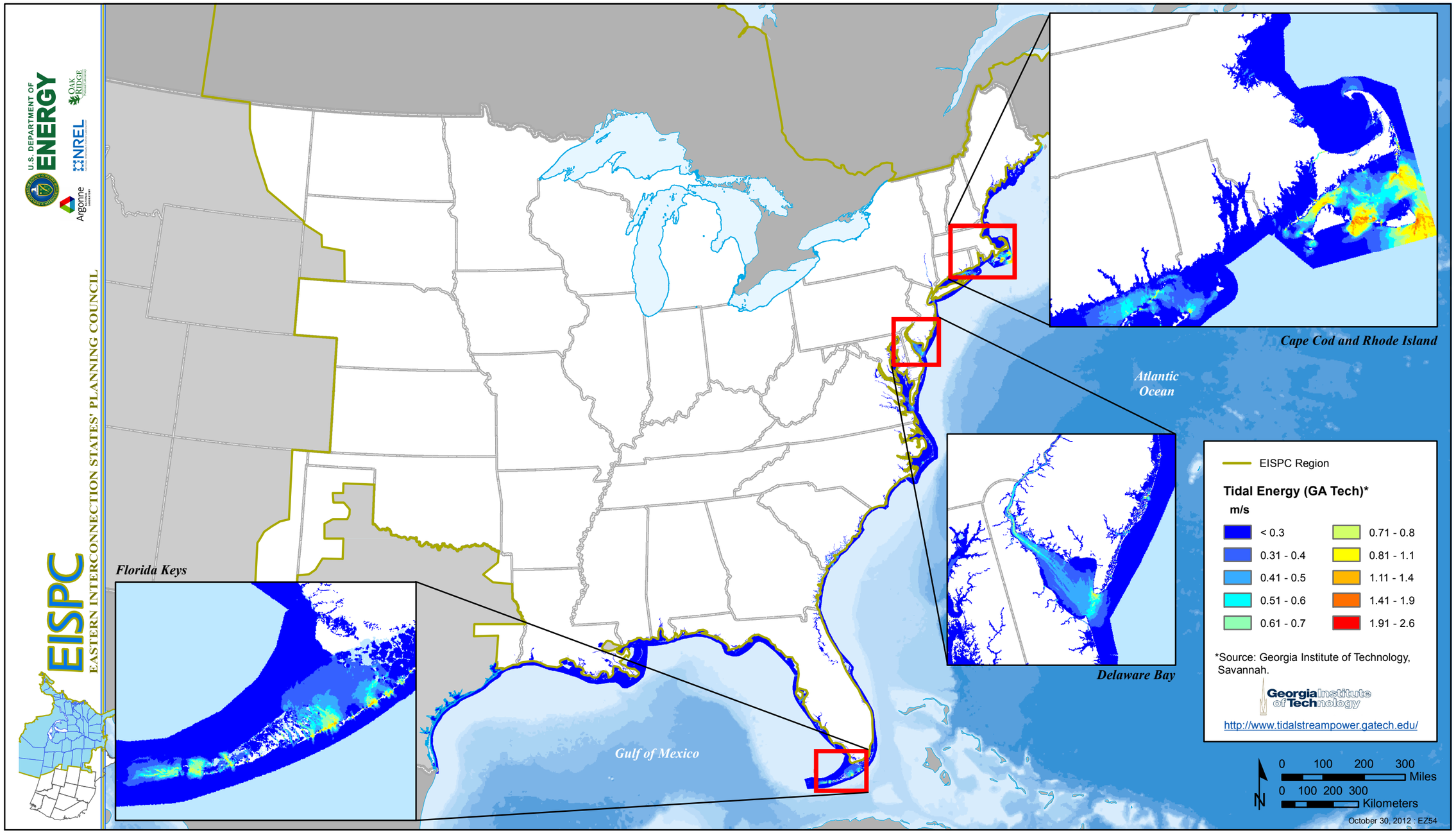Hydropower Resources: Tidal Energy Mean Speed